

ADVANCED SPINAL MANIPULATION-COURSE

18.-19. October 2021 in Zurich

Course Details:

A 2 Day Workshop in advanced manipulative techniques for:

- OA, AA Thrust Techniques
- Cervical Spine Manipulation (C1-C7 / Grade V Techniques)

Learning Outcomes:

- Demonstrate a consolidation of existing knowledge and performance in pre-thrust spinal positioning for HVT thrust techniques
- Demonstrate a consolidation of existing knowledge and performance in the use of HVT thrust techniques for the spine, thorax, pelvis and peripheral manipulation techniques
- Describe and demonstrate minimal leverage, long and short lever techniques

OMT Advanced Spinal Manipulation is tailored to meet the needs of participants in addressing frequently encountered problems with the safe and effective delivery of specific HVT thrust techniques, it looks to build your existing knowledge within HVT spinal manipulation and developing and refining your current skill base.

All techniques will be taught with an emphasis on final minor adjustments using minimal force and short and long lever techniques. This bespoke training course has been delivered and taught to therapists worldwide, with the OMT team, training prestigious organisations such as the medical teams at Liverpool FC and Manchester City FC.

OMT Advanced Spinal Manipulation is aimed at therapists with previous experience and relevant qualifications within manipulative therapies, such as Osteopaths, Physiotherapists, Chiropractors, Sports Therapists we aim to take your skills up to the next level with this challenging and highly rewarding technique classes.

Course Overviews:

This course is a 2-Day (one weekend) introduction to OMT Advanced Spinal Manipulation.

Review of:

- Anatomy and Physiology refreshed
- Cervical artery dissection (VBI) and upper cervical spine instability reviewed within best practice
- Safety, current research, appropriate clinical testing pre manipulation
Patient screening

Techniques shown but not limited to:

- Cervical Spine - OA & AA
- Sacro Iliac Joint – SIJ
- Gleno - Humeral Joint - G/H
- Elbow

- Wrist
- Hand
- Foot

Clinical decision making and evidence informed medicine related to the use of HVT thrust techniques.

Benefits of HVT thrust techniques versus non-thrust techniques.

Identification of difficulties experienced in the application of HVT thrust techniques by participants.

Common problems, mistakes and issues within locking a joint, applying HVT to joints. Patient comfort and positioning for effective technique.

Cervical Spine Manipulation.

Upper Cervical Spine: OA - AA.

Mid cervical and lower cervical spine thrust techniques.

Summary and Discussion.

Date: 18.-19. October 2021

Instructor: Giles Gyer

Where: Zurich

Costs: CHF 590.- (Script and Coffee break included)

Time: Day 1: 09:00 - 17:30

Day 2: 09:00 - 16:30

For subscription and further informations please contact us: info@physeducation.eu
