

# **BASIC SPINAL MANIPULATION-COURSE**

## **06.-07. May 2021 in Zurich**

### **Course Details:**

This bespoke training course has been delivered and taught to therapists worldwide, with the OMT team, training prestigious organisations such as the medical teams at Liverpool FC and Manchester City FC.

All techniques covered in depth are routinely used by therapists such as, Osteopaths, Chiropractors and Physiotherapists and will allow you to add a whole new dimension to your current skill levels. Rest assured you will be confident from the moment you leave us to use all of the techniques.

Spinal manipulation has been proven to be highly effective in the treatment of many musculoskeletal conditions and is promoted by N.I.C.E the national

institute of clinical excellence for the treatment of lower back pain.

Download the N.I.C.E Clinical Guidelines

If you wish to attend and are unsure if your current level of qualification would be accepted, please give one of the team a call and we can give you a decision via email or over the phone.

Discover more about Manipulation Therapy Theory

### **Course Overviews:**

OMT Training will introduce the participants of OMT Spinal Manipulation into the theoretical and practical principals of using Manipulation techniques within a clinical setting for the treatment of a number of musculoskeletal conditions.

This 2 Day Practical Training Course will give students the following:

- 16 hours of face to face teaching
- 16 hours pre reading information
- Total time 32 hours CPD
- Continued assessment throughout the course
- Safe, sound and effective background in the use of OMT Spinal Manipulation
- OMT Spinal Manipulation will offer participants a fantastic new skill base with which they can use within their clinical practice
- Discuss scientific evidence for the use of manipulation techniques
- Discuss current research for the use of Manipulation
- Relate the use of Manipulation to the treatment of acute and chronic pain, and for a number of musculoskeletal conditions
- Give students a high level of safety, clinical competence and overall the confidence to use manipulation techniques

Spinal Manipulative techniques for the following spinal sections:

- Cervical Thoracic Junction (C7-T1)
- Thoracic Spine (T1-T12)
- Ribs
- Thoracic Lumbar Junction (T12-L1)
- Lumbar Spine (L1-S1)

Note - HVT to OA, AA, C1-C6 and SIJ are not covered over this four day spinal manipulation course. Techniques for cervical mobilisation and articulation along with active and passive examination for the cervical spine will be covered.

**Please Note:**

- This course requires ALL students to receive and administer manipulation  
Students should NOT attend this course if there is any reason that prevents FULL participation
- This course is NOT suitable for participants who are pregnant
- Course handbooks will be provided, and the content of the handbook will be underpinned by a structured PowerPoint presentation by the lecturers
- Students will be expected to take extra notes regarding areas and techniques that will require more specific explanation or detailed clarification
- The handbook and PowerPoints are solely to be used as an aide memoire; the lecturers will adapt the content of the course depending on the student's backgrounds or therapeutic discipline
- Students are ADVISED to refresh their knowledge of relevant anatomy and physiology prior to attending the course. If students fail to show the required level of knowledge they may be asked to leave the course

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**Date:** 06.-07. May 2021

**Instructor:** Giles Gyer

**Where:** Zurich

**Costs:** CHF 590.- (Script and Coffee break included)

**Time:** Day 1: 09:00 - 17:30  
Day 2: 09:00 - 16:30

**For subscription and further informations please contact us: [info@physeducation.eu](mailto:info@physeducation.eu)**

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